



SEMPER SAFE



“Veterans Day and Marine Corps Ball”

Veterans Day week is approaching as well as many Units' Marine Corps Birthday Balls. With these patriotic celebrations in the near future, do not allow yourself or your fellow Marines and Sailors to become statistics. Ensure that Veterans Day remains a day we remember the ones that have gone before us, not a day when you were involved in an incident or received a DUI. Do not drink and drive or allow your Marines to drink and drive, use designated drivers or call a cab. Remember to **PROTECT WHAT YOU'VE EARNED**. As we enjoy our time off and celebrate, we also must take the necessary safety precautions to ensure we return to work safely. All must be mindful of the increased risks of alcohol-related incidents, individual and/or group misconduct, reduced daylight hours, and decreasing temperatures which could lead to needless losses. Everyone must ask themselves, what can go wrong, and what they can do to prevent it. Honest answers to these questions will help us avoid disaster and truly enjoy these holidays. Here are some tips...

- Limit distractions in vehicles while traveling – especially in cars equipped with electronic devices, including cell phones, video games and GPSs.
- Make sure all passengers are buckled up and children are in age-appropriate safety seats.
- Allow plenty of travel time to avoid frustration and diminish the impulse to speed.
- Drive defensively and exercise caution, especially during inclement weather.
- Do not drink and drive. Even moderate consumption of wine or beer impairs reaction time and driving judgment.
- Prior Planning Prevents Poor Performance!



Regardless of destination or activity for the upcoming events, ensure safety is forefront in your planning. Have fun and enjoy your weekend/birthday balls, but do it safely.

As Marines, Sailors and Civil Servants we live by our core values. So think before you jeopardize the safety of yourself, your fellow Marines, Sailors, civilian employees or family members, and remember SEMPER SAFE