



SEMPER SAFE



“STOP TEXTING while Driving!!!”

Texting and driving is the number one distraction to drivers of all ages. Even though it is against the MCIEAST-MCB CAMPLEJO 5560.2, Chapter 3 para. 4a to use a cell phone while operating a vehicle, people still continue to drive while talking and texting daily during the heavy traffic rush hours. The whole mind set, “It won’t happen to me” or “I am safe when I text” is ignorant. 1.6 million people are involved in accidents due to texting and driving per year. That’s over 4,300 accidents a day and accounts for 25% of all vehicle accidents. Below are some facts to help protect you and keep you safe while driving on base.

Facts about Texting:

- Five seconds is the average time your eyes are off the road while texting. When traveling at 55mph, that's enough time to cover the length of a football field.
- A texting driver is 23 times more likely to get into a crash than a non-texting driver.
- Using a cell phone while driving, whether it's handheld or hands-free, delays a driver's reactions as much as having a blood alcohol concentration at the legal limit of .08.
- Each day in the United States, more than 9 people are killed and more than 1,060 people are injured in crashes that are reported to involve a distracted driver.
- 60% of drivers use cell phones while driving.
- 77% of young adult drivers are very/somewhat confident that they can safely text while driving.
- 55% of young adult drivers agree that it's easy to text and pay attention to driving at the same time.
- 46% of young adults say they have been involved in a near-crash because of their own or someone else's distracted driving.
- While over 90% of young drivers say they don't drink and drive, 9 out of 10 say they've seen passengers distracting the driver, or drivers using cell phones.
- Distracted driving is the number one killer of American young adults. Alcohol-related accidents among young adults have dropped, but traffic fatalities have remained unchanged because distracted driving is on the rise.
- If you see someone texting and driving, say something.
- **YOU KNOW ITS WRONG, SO STOP TEXTING WHILE DRIVING!**



**For more information regarding texting and driving safety tips and information, go to:
<http://www.textinganddrivingsafety.com/>**

As Marines, Sailors and Civil Servants we live by our ethos. So think before you jeopardize the safety of yourself, your fellow Marines, Sailors, civilian employees or family members, and remember SEMPER SAFE!