



# SEMPER SAFE



## Pedestrians and Bicyclists

Now that school has started, bicycling and jogging increase in popularity aboard base and safety remains an important issue for our Marines and Sailors and their families. But before entering the hard unforgiving streets, remind children of the regulations one must know for Pedestrians and Bicyclists. Nationwide, about 900 bicyclists and 6,500 pedestrians are killed annually. The purpose of this article is to establish a base line of knowledge on safety issues and to set strategies and goals for the improvement of bicycle and pedestrian safety for our Marines, Sailors, and their dependents. Here are the important regulations from the base traffic regulation 5560.2N. These regulations will aid in keeping your fall and new school year accident free.

### **Pedestrians (include jogging and walking)**

- No pedestrian shall cross a roadway other than by a marked crosswalk in any business district, or at any unmarked side of any intersection with marked crosswalks, provided signs are erected giving notice thereof.
- No pedestrian shall cross a roadway other than by a crosswalk in a central traffic district or in any business district.
- Do not impede the flow of traffic.
- Must wear reflective gear from evening to morning colors and during reduced visibility.
- Always have the right of way when crossing a road, but ensure that right is given before you cross

### **Bicyclists (including Mountain bikes)**

- Observe same rules and regulations as motorists and ride on the right edge of the road with the flow of traffic in single file (commonly violated).
- May operate at night if equipped with headlights, rear red reflectors, and reflectors in spokes.
- Must wear a reflective vest as outer garment from evening to morning colors and during reduced visibility same vest as motorcycle rider).
- ALWAYS wear a bicycle helmet while riding on base.
- Ride on open trails only respect trail and road closures - ask if uncertain; avoid trespassing on private land; obtain permits or other authorization as may be required. Federal and state Wilderness areas are closed to cycling.
- Speed regulations and recommendations. Always yield trail let your fellow trail users know you're coming.
- Considerate and works well; don't startle others. Yielding means slow down, establish communication, are prepared to stop if necessary and pass safely.

### **Headphones/Earphones**

- Stereo volume that invades the privacy of any individual is prohibited.
- Portable headphones, earphones, or listening devices that block both ears are prohibited (commonly violated).

Respecting the rights of others by knowing and following the above regulations will ensure adequate traffic flow without jeopardizing pedestrian safety. Particular emphasis must be placed on the protection of our children to and from school, entering and leaving school buses, and playing in military housing areas.

**As Marines, Sailors and Civil Servants we live by our core values. So think before you jeopardize the safety of yourself, your fellow Marines, Sailors, civilian employees or family members, and remember SEMPER SAFE!**