



# **SEMPER SAFE**



## **Advanced Rider Track Day (ARTD)**

Since March 2009, MCIEAST Safety has conducted voluntary, structured motorcycle track day events, which is a one-day advanced motorcycle training program consisting of all aspects of speed and directional challenges. Some of the speed and directional challenges include steering, braking, throttle control, and lean angle control. The purpose of the ARTD is to increase the rider's awareness of their motorcycle's limits and their personal limits, ultimately increasing their confidence and safety.

The kickoff event for motorcycle safety month will be Friday, 2 May 2014 at Marine base Camp Lejeune Main Exchange parking lot from 0830-1500. This will include a poker run and a demonstration from the North Carolina Precision Drill Team. There will be vendors and other events for everyone to enjoy.

The other ARTDs are listed below on the following dates. The target audience is active duty motorcycle riders (cruisers and sportbikes) from the greater Cherry Point/Camp Lejeune area. ARTD's continue to grow in popularity and riders are requesting these events to be conducted more frequently.

- 12-13 April 2014 – MCAS Cherry Point
- 31-1 May/June 2014 – MCAS Cherry Point
- 27-28 June 2014 – MCAS Cherry Point
- 16-17 August 2014 – MCALF Bogue
- 13-14 September 2014 – MCALF Bogue
- 3-4 October 2014 – MCALF Bogue

Each ARTD will consist of motorcycle riders divided into sessions and/or groups. Riders will be given a comprehensive safety brief and three basic technical objectives to work on when riding on the track. The three technical objectives are:

1. Setting a proper entry speed (not too slow or fast)
2. Proper application of throttle control in a turn
3. Not applying throttle concurrent with an increase of lean angle

Participants will be selected based upon prior completion of required and follow-on motorcycle safety training, e.g., Motorcycle Safety Foundation (MSF) Basic Riders Course (BRC), Experienced Riders Course (ERC), Military Sportbike Riders Course (MSRC), Advanced Motorcycle Operators School (AMOS) Course, etc.

Participants must provide their own motorcycle, be part of their unit's motorcycle mentorship program, and provide proof of license, registration, state inspection and proof of completion of required motorcycle safety training.

For more information, contact your Motorcycle Mentorship Program President, Command Safety Officer, or call 451-5903

**As Marines, Sailors and Civil Servants we live by our ethos. So think before you jeopardize the safety of yourself, your fellow Marines, Sailors, civilian employees or family members, and remember SEMPER SAFE!**