



MCB CAMP LEJEUNE NOVEMBER SAFETY TALK



COOKING SAFETY



November is typically regarded as the start of the holiday season. A time for giving thanks and spending quality time with the ones we cherish most. Often this involves many delicious meals with those people and one popular dish is fried turkey. As delicious as they are, the process of frying a turkey is very dangerous and should only be performed by persons familiar with the safety precautions involved. Below are some tips to keep you and your loved ones safe over the holidays.

- Use only enough oil to just cover the top of the turkey.
- Never fry a turkey indoors or near flammable structures.
- Use a fresh turkey or make sure to completely thaw a frozen one.
- Pat the turkey completely dry. Any moisture left on the turkey can cause the oil to splatter.
- Use a thermometer to closely monitor the temperature of the oil.
- Before lowering the turkey in, turn off the burner or put it on the lowest setting.
- Lower the turkey slowly into the oil. Never drop it directly into the oil.
- Keep a fire extinguisher or heavy blankets nearby. Water will make a grease fire much worse.
- **NEVER LEAVE THE TURKEY UNATTENDED!**

TRAVEL SAFETY



Traveling during the holiday season can often be a very stressful event. Other than the summer months, November and December are the busiest for travel. This increased stress can cause people to overlook or ignore hazards that can have dire impacts to them and the people around them. Proper planning before hand can significantly decrease the odds of having a mishap that can ruin your holiday plans. Keep the tips below in mind when mapping out your holiday travel plans.

- Plan the trip as early as possible. Waiting till the last minute will only increase the chance of having a mishap.
- Avoid peak travel days such as the days directly before or after the holiday.
- Allow for extra time due to the increased crowds and traffic.
- Anticipate delays or other issues so you can be better prepared to adapt to the situation.
- Ensure the maintenance on your vehicle is up to date.
- Alert your bank to your travel plans so they do not freeze your account. You don't want to be without money during an emergency.
- Follow all laws and regulations for wherever you may be traveling.