



UNITED STATES MARINE CORPS
MARINE CORPS INSTALLATIONS EAST-MARINE CORPS BASE
PSC BOX 20005
CAMP LEJEUNE NC 28542-0005

5100
SAFE
10 MAR 2016

COMMANDING GENERAL'S POLICY LETTER 003-16

From: Commanding General
To: All Commanders, Marine Corps Base Camp Lejeune
Subj: APPROPRIATE USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE)
WHILE RIDING HORSES ABOARD MARINE CORPS BASE, CAMP
LEJEUNE

Encl: (1) Types of Approved Equestrian Helmets

1. Purpose. To establish policy for appropriate PPE for all persons to wear who sit on and/or ride horses aboard Marine Corps Base, Camp Lejeune (MCB CAMLEJ).
2. Cancellation. CG MCIEAST-MCB CAMLEJ Policy Letter 06-14.
3. Information. There are approximately 15,000 equestrian mishaps annually, many of which cause death and serious injuries to riders. The most frequent cause of death and serious injury for mounted horse activities is head injury. The wear of appropriate PPE, particularly a properly fitted equestrian helmet, greatly reduces the chance for serious injury in the event of a horse-related mishap. For further information regarding horseback riding and head injuries, please visit the American Academy of Pediatrics' website at www.pediatrics.org.
4. Action
 - a. All persons, regardless of age, who sit on and/or ride horses aboard MCB CAMLEJ, shall wear a properly fitted equestrian helmet that meets American Society for Testing and Materials standards and is Safety Equipment Institute (SEI) certified.
 - b. Refer to enclosure (1) for photographic examples of approved equestrian helmets. For a complete list of approved equestrian helmets, please go to SEI's website at www.seinet.org and click on the "certified products" link.
 - c. All persons shall wear durable, size-appropriate, long-legged pants and shirts, and wear boots or shoes with a heel and covered ankle when using stirrups.

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d. All riders shall ensure that all equipment is free of damage and properly secured. The harness shall always be fastened to the horse prior to mounting, and shall not be unfastened until after dismounting.

e. Adults shall supervise riders and handlers age 18 and younger, and ensure that both the horse and riding activity are appropriate for the child's skill level. Adults must exercise sound judgment based on the age and experience of young riders when determining the level of supervision required. Younger and inexperienced riders will require close personal supervision, while older more experienced riders will require less supervision. Never tie a child to the horse or saddle.

5. Point of contact is the Director of Safety at DSN (910) 751-5725 or commercial (910) 451-5725.



T. D. WEIDLEY

TYPES OF APPROVED EQUESTRIAN HELMETS

